



Adam Botha 'Creator of TRULEADER® MasterClasses'

I help Entrepreneurs to create Happy, Healthy, Holy habits in 12 weeks through 1:1 Self-Leadership Coaching.



IWalkAwake



ICF (International Coach Federation)

Hi, I'm Adam.

Founder of [IWalkAwake](#) and co-creator of [Smilentrepreneurs](#) I am a professionally certified ICF ACC Coach (International Coach Federation) with over 25 years experience in creative transformation, and an active member of COMENSA (Coaches and Mentors of South Africa).

I coach and mentor clients (online and in-person) who are genuinely invested in transforming and leading themselves and their businesses, from the inside out through 1:1 Self-Leadership Coaching and Mentoring.

As a facilitator of [Happy, Healthy, Holy Self-Leadership habits](#) - I delight in working with my clients to achieve fulfilment on all three levels.

Niche Clients

- + Entrepreneurs looking to transform their self-leadership to pivot between their higher-purpose and professional profit.
- + Faith-based individuals looking to deepen their higher-purpose in both their personal and professional capacities.
- + Young adults looking for clarity, care and courage to deepen their direction toward future fulfilment.

Personal Qualities

Clear. Calm. Caring. Creative. Courageous.

Qualifications

- ICF ACC Accredited Coach
- Consciousness Coaching Diploma
- People's SA Coaching Certificate (NLP)
- Think SA Creativity & Innovations Trainer
- COMENSA Member

I hope we work together to transform your Self-Leadership to pivot between and connect your higher-purpose with professional profit.

Yours in Service,

Adam Botha
ICF ACC Accredited [Self-Leadership Coach](#)
Founder of [IWalkAwake](#)

Testimonials

"I have experienced Adam, as a person, to be intuitive, insightful and a deep connected soul who gives a lot and makes him an excellent coach. His deep sense of self and his continued journey of self and self- actualisation enables him to be open, honest and real with people he interacts with."

- Linda Figueira-King (Group HR Manager at AndBeyond.com)

"Life Coaching with Adam has most certainly changed my life. I wasn't feeling very happy with my situation in life until we met. After a few sessions of working together I found that my confidence increased and I was able to prepare for a way of life going forward."

- Jason (Business owner)

"Thank you wholeheartedly, Adam. I recommend life coaching to anyone who feels lost and alone, stuck and confused and anyone searching for emancipation or a deeper meaning and purpose to life."

- Deshika (CEO of LEIP)

"The 12 weeks of career coaching I underwent through IWalkAwake was the most illuminating and empowering conscious career decision I have ever made. Adam Botha is well experienced in cognitive coaching and was pivotal to the success of my journey of self-discovery. He is resourceful with all sorts of tools to assist with coming unstuck from old patterns and he is supportive and encouraging in a professionally empathetic manner. I would highly recommend contacting IWalkAwake to anyone who would like to bring awareness to any area of their lives. Adam, a sincere thank-you for giving me the keys to my mind!"

- Nicholas Stavrinos (Career growth / direction)

"I went to see Adam Botha during my grade 11 year to try and help focus my schoolwork and priorities in life. During our sessions he helped me to understand my emotions and focus my energy into more positive and driven feelings. I also found the environment very safe and welcoming, with a freedom to speak my mind, as well as support with anything I needed."

- Joseph Abawat (Student)