

WELCOME TO HIGH-IMPACT LEADERSHIP COACHING! Activating your Purpose as Leader.

Leadership is about the way you lead your life, over and above how you lead people. So we must start with the personal before we address the collective.

As individual leaders, we will journey together to align to global leadership best practice and instil within our daily lives, the meta-habits that make great leaders great. By getting to thoroughly understand your unique leadership style - you will be professionally coached to optimise, will be personally supported to get unstuck, to breakthrough and take your leadership to the next level.

Integrating empathy, ideation and action, you get to experience using design-thinking as a modality to activate new meta-habits that align to global leadership best practice. The aim of the above is to increase resilience and high-impact leadership at every level of your being.

Ultimately this coaching course is about activating your purpose as leader, as well as experiencing the detailed tools and practices - first-hand, that make great leaders great.

It's an honour to be serving you.

Let's do this!

Adam Botha

Personal | Professional | Leadership Coach

Owner of IWalkAwake

This leadership coach training speaks to the three essential components that lie at the heart of what it means to be an effective, purpose-filled leader: Ideation or "head"; Empathy or "heart", and Implementation or "hands".

	COURSE OUTLINE JOURNE	MAP	
WEEKLY COACHING SESSIONS	#1 LEADERSHIP DEFINITION	#2 LEADING FROM THE INSIDE OUT	#3 GLOBAL LEADERSHIP
WEEKLY COACHING SESSIONS	#4 LEADERSHIP STYLES	#5 LEADER AS COACH	#6 EMPATHY & UNDERSTANDING
WEEKLY COACHING SESSIONS	#7 IDEATION & REFRAMING	#8 EXPERIMENTING & EXPERIENCE	#9 LEADERSHIP COMPELLING VISION
WEEKLY COACHING SESSIONS	#10 INTEGRATION & IMPLEMENTATION	#11 INTEGRATION & IMPLEMENTATION	#12 INTEGRATION & IMPLEMENTATION

For your leadership to thrive and ultimately deliver on your vision, values and objectives, you need to not only understand how these components complement and enable each other, but also what type of leader you are – so that you surround yourself with an effective team that compliments your ability to fully drive professional strategy.

The outline and objectives of each week of *High-Impact Leadership Coaching* are:

- Week 01: **Leadership Definition.** Get clear on what leadership truly is.
- Week 02: **Leading from the Inside Out.** Increase your level of integrity as a leader.
- Week 03: **Global Leadership.** Understanding the current challenges and best practices that make great leaders great.
- Week 04: Leadership Styles. Defining, profiling and outlining leadership styles and where they fit.
- Week 05: **Leader as Coach**. Reframing leader as coach. Providing coaching skills to enhance your leadership.
- Week 06: **Empathy and Understanding**. Get clear on the meaningful needs and insights of who you serve.
- Week 07: Ideation and Reframing. Create clarity on how to meet the meaningful needs of who you serve.
- Week 08: **Experimenting and Experience.** Learning to serve through doing and experience.
- Week 09: **Leadership Compelling Vision.** Pulling it all together.
- Week 10: **Integration and Implementation.** Getting to practice your purpose as leader.
- Week 11: **Integration and Implementation Cont.** Getting to practice your purpose as leader.
- Week 12: **Integration and Implementation Cont.** Getting to practice your purpose as leader.